



Could your loved one benefit from a supportive senior care community?

When checking in on your parents or loved ones, you may be observing some changes in their health and well-being. Here are some signs to be aware of that your loved one may need some additional assistance from supportive senior care community. It is always recommended to consult with your family physician on health-related concerns.



Questions to consider:

1. Continued health related issues—has there been a recent or frequent hospitalization due to a serious illness or injury?
2. Is your loved one not taking their correct dosage of medications, or confused about what they have taken and when?
3. Do you notice any unexplained bruising or cuts?
4. Does your loved one require financial assistance through Medicaid, veteran's benefits or other financial assistance programs?
5. If there is a primary caregiver or spouse, how is her/his health? Are they exhibiting signs of exhaustion, anger, stress or even illness?
6. Is your loved one is having difficulty with upkeep of their home?
7. Is your loved one appearing unclean, or unkempt—having difficulty with bathing and grooming?
8. Is your loved one is losing weight, not preparing food or eating properly?
9. Is there a continued decline in reasoning skills or cognition? Do you feel they are a risk to themselves or others due to their cognitive decline?
10. Is your loved one worried a senior community may be too much financially?
11. Does your loved one seem socially disconnected from friends and family?
12. Have there been multiple falls or accidents that your loved one has had?
13. Is your loved one experiencing driving competency issues?

About Lourdes Noreen McKeen

Lourdes Noreen McKeen in West Palm Beach, FL is committed to providing compassionate care that encompasses their physical, social, psychological, emotional, and spiritual needs. Our services include independent living, assisted living, skilled nursing, and rehabilitation, and our community offers nearby shopping and entertainment, wonderful and nutritious dining options, and a multitude of classes and opportunities to socialize. Lourdes Noreen McKeen's senior care experts are ready to answer your questions and connect you with the right services at the best time for you.



To learn more or schedule a tour, call 561.655.8544 or visit: www.lourdesmckeen.org
315 South Flagler Drive
West Palm Beach, FL 33401

Independent Living – What is independent living?

Independent living is tailored to the individual who is looking for a lifestyle like their current one with less maintenance. House chores are a thing of past with this new style of living. You or a loved one has more time to pursue hobbies and be social.

1. What health care services are provided on campus?
2. What amenities and activities are offered? Weekly cleaning? Laundry?
3. What happens when I need additional services?
4. What are my options for apartments?
5. What is the cost of your community?
6. How does the facility communicate with families about a resident's well-being?
7. Do apartments have full kitchens? Is there a central dining room?

Skilled Nursing – What is skilled nursing?

Skilled nursing is when an individual requires 24/7 assistance, including care each day that must be performed by a licensed nurse. A skilled nursing community can offer a range of medical care services.

1. What medical care options do you offer?
2. How much input does a loved one have on the care being received?
3. What is the cost of skilled nursing? What insurances are accepted? Are private rooms available?
4. What will a typical day of care entail?
5. What is the visitation policy?
6. What is the ratio of staff to residents during the day/night?
7. How does the facility communicate with families about a resident's well-being?
8. What activities and amenities are available?
9. What is the CMS 5-Star rating?

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